American Airlines

American's well-being initiatives by the numbers

85

Onsite biometric events hosted around the country in 2018.

9

Optum Employee Assistant Program counselors available onsite for team members' mental well-being.

11

Medical clinics available to team members, where they work.

65,700 pounds

Lost by more than 4,500 team members, spouses and domestic partners who participated in Naturally Slim weight loss program.

$5 million

Earned completing wellness activities.

