Establishment Labs Recaps Fifth Annual World Symposium on Ergonomic Implants

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Science, technology, safety and clinical outcomes of Motiva Implants® showcased as symposium breaks attendance records

NEW YORK, Oct. 22, 2019 (GLOBE NEWSWIRE) -- Establishment Labs Holdings Inc. (NASDAQ: ESTA), a medical technology company focused on women's health, initially in the breast aesthetics and reconstruction market, today provided a recap of the Fifth Annual World Symposium on Ergonomic Implants, which was held October 3-5, 2019 in Lago di Garda, Italy. The annual symposium, hosted by Establishment Labs, is a world-class medical education event held to promote the evolution of breast surgical techniques and breast implant technology. This year's meeting brought together over 500 industry experts primarily from Europe, Middle East, Asia and Latin America.

"Medical education events like our annual World Symposium are critical to our efforts to raise awareness for the need to improve safety and aesthetic outcomes in breast aesthetics and reconstruction and we are very pleased with this year's record attendance," said Juan José Chacón-Quirós, Chief Executive Officer of Establishment Labs." Against a challenging industry backdrop, driven by heightened safety concerns around textured and polyurethane implants, this World Symposium's medical education program provides us with a platform from which to demonstrate the advanced technology and science behind Motiva Implants® to highly regarded plastic surgeons from around the world, reinforcing our commitment to women's health. We will continue to invest in research and development initiatives that create safer devices and procedures for the breast aesthetic and reconstruction industry, resulting in a better experience for both patients and surgeons."

In addition to Motiva Implants®, Establishment Labs introduced new technologies during the World Symposium, including its RFID tissue expander, Motiva Flora®, the next generation of Motiva Ergonomix® and anticipated 3D imaging capabilities. The company also provided an update on recent progress of its minimally invasive breast augmentation procedures under the name Motiva Mía®.

The World Symposium's Scientific Program provided plastic surgeons with the opportunity to learn more about the clinical benefits of its proprietary SmoothSilk®/SilkSurface® and how it differentiates Motiva Implants® from all other breast implant surfaces on the market today. Attendees to the pre-congress workshops were able to observe how the application of designed surgeries, such as MotivaHybrid® and Motiva MinimalScar® can achieve superior surgical outcomes in selected patients.

The Sixth Annual World Symposium on Ergonomic Implants will be held in Italy on October 1-3, 2020.

About Establishment Labs

Establishment Labs Holdings Inc. (NASDAQ: ESTA) is a global medical technology company focused on women's health, initially in the breast aesthetics and reconstruction market, by designing, developing, manufacturing and marketing an innovative portfolio of silicone gel-filled breast implants, branded as Motiva Implants®, the centerpiece of the MotivaImagine® platform. Motiva Implants® are produced at our two manufacturing sites that are compliant with ISO13485:2016, FDA 21 CFR 820 under the MDSAP program, and are currently commercially available in 75 countries through exclusive distributors or through the Company's direct salesforce. In March 2018, Establishment Labs received approval for an investigational device exemption (IDE) from the FDA and initiated the Motiva Implant® clinical trial in the United States in April 2018. In addition to Motiva Implants®, Establishment Labs' product and technologies portfolio includes the Divina® 3D Simulation System and other products and services. Please visit the website for additional information: www.establishmentlabs.com.

Forward-Looking Statements

This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). You can find many (but not all) of these statements by looking for words such as "approximates," "believes," "expects," "anticipates," "estimates," "intends," "plans," "would," "may" or other similar expressions in this press release, and includes statements related to the Company's intellectual property portfolio and regulatory activities. Any statements that refer to projections of our future financial or operating performance, anticipated trends in our business, our goals, strategies, focus and plans, and other characterizations of future events or circumstances, including statements expressing general optimism about future operating results, are forward-looking statements. We claim the protection of the safe harbor contained in the Private Securities Litigation Reform Act of 1995. We caution investors that any forward-looking statements presented in this report, or that we may make orally or in writing from time to time, are expressions of our beliefs and expectations based on currently available information at the time such statements are made. Such statements are based on assumptions, and the actual outcome will be affected by known and unknown risks, trends, uncertainties and factors that are beyond our control. Although we believe that our assumptions are reasonable, they are not guarantees of future performance, and some will inevitably prove to be incorrect. As a result, our actual future results may differ from our expectations, and those differences may be material. Factors that could cause or contribute to these differences include, among others, those risks and uncertainties discussed in the Company's annual report on Form 10-K filed on March 20, 2019, quarterly reports on Form 10-Q, and other filings made by the Company with the Securities and Exchange Commission. The risks included in those documents are not exhaustive, and additional factors could adversely affect our business and financial performance. We operate in a very competitive and rapidly changing environment. New risk factors emerge from time to time, and it is not possible for us to predict all such risk factors, nor can we assess the

impact of all such risk factors on our business or the extent to which any factor, or combination of factors, may cause actual results to differ materially from those contained in any forward-looking statements. We are not undertaking any obligation to update any forward-looking statements. Accordingly, investors should use caution in relying on past forward-looking statements, which are based on known results and trends at the time they are made, to anticipate future results or trends.

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