

NEWS RELEASE

Fidelis Insurance Group Schedules First Quarter 2025 Financial Results Conference Call

2025-04-17

PEMBROKE, Bermuda--(BUSINESS WIRE)-- Fidelis Insurance Holdings Limited (NYSE:FIHL) ("Fidelis Insurance Group" or the "Company"), a global specialty insurer, announced today that it expects to release financial results for the first quarter ended March 31, 2025, on May 14, 2025, after the close of the financial markets. These documents will be available via the Investors section of the Company's website at https://investors.fidelisinsurance.com.

Dan Burrows, Group Chief Executive Officer, Allan Decleir, Group Chief Financial Officer, and Jonny Strickle, Group Managing Director, will host an investor teleconference, including a question-and-answer period, on May 15, 2025, at 9:00 a.m. ET to discuss the first quarter results as well as related matters.

The teleconference can be accessed by dialing 1-646-564-2877 (U.S. callers), or 1-800-549-8228 (international callers), and entering the passcode 50436 approximately 10 minutes in advance of the call. A live, listen-only webcast of the call will also be available via the Investors section of the Company's website at

https://investors.fidelisinsurance.com.

About Fidelis Insurance Group

Fidelis Insurance Group is a global specialty insurer, leveraging strategic partnerships to offer innovative and tailored insurance solutions.

We have a highly diversified portfolio that we believe allows us to take advantage of the opportunities presented by

evolving (re)insurance markets, proactively shift our business mix across market cycles, and produce superior underwriting returns.

Headquartered in Bermuda, with offices in Ireland and the United Kingdom, Fidelis Insurance Group operating companies have an insurer financial strength rating of A from AM Best, A- from S&P and A3 from Moody's. For additional information about Fidelis Insurance Group, our people, and our products please visit our website at

www.FidelisInsurance.com.

CAUTIONARY STATEMENT CONCERNING FORWARD-LOOKING STATEMENTS

Certain statements contained in this press release, in interviews and in related posts, constitute "forward-looking statements," and are made pursuant to the safe harbor provisions of the U.S. Private Securities Litigation Reform Act of 1995. Management has based these forward-looking statements on its current expectations, assumptions, estimates and projections. While they believe these expectations, assumptions, estimates and projections are reasonable, such forward-looking statements are only predictions and are subject to known and unknown risks and uncertainties, many of which are beyond management's control. These statements involve risks and uncertainties that may cause Fidelis' actual results, performance or achievements to differ materially from any future results, performance or achievements expressed or implied by these forward-looking statements. Forward-looking statements speak only as of the date they are made. Readers are cautioned not to rely on forward-looking statements, and, except as required by law, including Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended, Fidelis assumes no obligation and does not intend to update or revise these forward-looking statements after the date of this press release, whether as a result of new information, future events, or otherwise.

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Source: Fidelis Insurance Holdings Limited