

Bank Associate Uses Martial Arts to Help Special Victims

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Nalini Taylor, Branch Team Leader in Decatur, Ill., receives Regions Bank's top associate honor for helping survivors of domestic violence learn to fight back

BIRMINGHAM, Ala.--(BUSINESS WIRE)-- As a young banker in Johannesburg, South Africa, in 1985, Nalini Taylor had built up enough time off for a seven-week vacation. She came to the U.S. with a goal of meeting the man of her dreams - a family friend she had only seen in a photo.

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Nalini Taylor, Branch Team Leader in Decatur, Ill., receives Regions Bank's top associate honor for helping survivors of domestic violence learn to fight back. (Photo: Business Wire)

Taylor met her dreamboat in New York City. He proposed two hours later. They got married, had a son, and celebrated their 30th wedding anniversary this year.

"My son was interested in karate as a boy, so I signed up to do karate with him," Taylor said. She earned a black belt from actor Chuck Norris and retired from Karate after 13 years.

Taylor found a way to keep using her martial arts gifts. Since 2008, she has taught self-defense classes for Dove, Inc., a nonprofit organization in Decatur, Ill., that supports families affected by domestic violence.

"It's good to give money to the causes you support, but when you actually serve people, it's much more rewarding," Taylor said. "I feel that anyone who faces abuse needs to know how to defend themselves. That's what drives me to help domestic violence victims."

Citing her passion for serving others, [Regions Bank](#) today announced that Taylor, a Branch Team Leader in Decatur, is the August 2017 recipient of the Regions Bank Better Life Award. The Better Life Award is the top honor given to any Regions associate for outstanding dedication and job performance, as well as exemplary involvement and commitment to the community.

In addition to the recognition, Regions donates \$1,000 in the name of the recipient to a nonprofit organization of the winner's choice. Taylor chose Dove, Inc., because of her work with the organization.

Taylor also serves as president of the Decatur India Association and president of the Sai Center Hindu temple. She organizes special events, speaks to community groups and encourages support of local Indian initiatives.

A video about Taylor's community service is available on the [Regions Financial YouTube channel](#).

About The Better Life Award

The Better Life Award is presented monthly to a Regions associate who lives the company's mission to make life better for customers, associates and the communities Regions serves, and who is an example of the company's values:

- Put People First
- Do What Is Right
- Focus On Your Customer
- Reach Higher
- Enjoy Life

Regions associates are nominated for the award by their managers and peers. Regions Chairman, President and Chief Executive Officer Grayson Hall honors recipients at the company's headquarters in Birmingham, Alabama, at a meeting broadcast to offices throughout the communities Regions serves. In addition to the recognition, associates who earn the Better Life Award receive an additional week of vacation, a crystal award, and a \$1,000 donation is made in their name to the nonprofit organization of their choice.

About Regions Financial Corporation

Regions Financial Corporation (NYSE:RF), with \$125 billion in assets, is a member of the S&P 500 Index and is one of the nation's largest full-service providers of consumer and commercial banking, wealth management, mortgage and insurance products and services. Regions serves customers across the South, Midwest and Texas, and through its subsidiary, Regions Bank, operates approximately 1,500 banking offices and 1,900 ATMs. Additional information about Regions and its full line of products and services can be found at www.regions.com.

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